

SEL Borough Community Dietetic Service Contact and Referral Details

Borough	Referral Criteria	Contact Details / Referral Forms
Bexley	<p>Malnutrition MUST score ≥2 defined as:</p> <ul style="list-style-type: none"> • Unplanned weight loss >10% in previous 6 months • BMI <18.5kg/m² • BMI 18.5–20kg/m² with weight loss of >5% in previous 6 months <p>Pressure sores</p> <ul style="list-style-type: none"> • Refer with ≥Grade 2 (NB. also refer to tissue viability if appropriate) <p>Exclusions</p> <ul style="list-style-type: none"> • Ambulatory patients – please refer to Dartford & Gravesham NHS Trust who provide dietetic outpatient clinics at Darent Valley Hospital and Queen Mary's Hospital • MUST score <2 – to be managed by GP / Community Nurse / residential setting • Incomplete MUST score / lack of information • People with Type 1 Diabetes should be referred to the Oxleas Community Diabetes Specialist Team in Greenwich and Bexley: oxl-tr.Diabetes@nhs.net • Adults with feeding tubes under the care of the Community Head & Neck Team (CHANT) who provide rehabilitation services to adults with head and neck cancer <p>Home Enteral Feeding (HEF)</p> <ul style="list-style-type: none"> • Please refer all adults with a feeding tube using the contact details provided 	<p>Tel: 0300 330 5777 Email: bromh.cccpod2refs@nhs.net (non-HEF) Email: bromh.bexleyhef@nhs.net (HEF referrals only)</p> <p>Referral form: Complete form and send to relevant email address above (links to forms on SEL site under Local Dietetic Teams – Bexley)</p>
Bromley	<p>Malnutrition MUST score ≥2 defined as:</p> <ul style="list-style-type: none"> • Unplanned weight loss >10% in previous 6 months • BMI <18.5kg/m² • BMI 18.5–20kg/m² with weight loss of >5% in previous 6 months <p>Pressure Sores</p> <ul style="list-style-type: none"> • Refer with ≥Grade 2 (NB. also refer to tissue viability if appropriate) <p>Home Enteral Feeding (HEF)</p> <ul style="list-style-type: none"> • Please refer all adults with a feeding tube 	<p>Tel: 0300 330 5777 Email: bromh.cccpod2refs@nhs.net</p> <p>Referral form: Complete form and send to email address above (links to forms on SEL site under Local Dietetic Teams – Bromley)</p>

Approval date: January 2026

Review Date: January 2028 (or sooner if evidence or practice changes)

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Greenwich	<p>Primary Care Dietitians</p> <ul style="list-style-type: none"> • ≥18 years old and registered with a Greenwich GP • Not housebound • MUST score ≥2 OR patients who have been prescribed ONS • Identified clinical disease that requires specialist dietetic intervention • Gastroenterology illnesses, including Coeliac Disease and IBS <p>Food First Team</p> <ul style="list-style-type: none"> • ≥18 years old and registered with a Greenwich GP • Housebound or living in a Greenwich Care Home • MUST score ≥2 OR patients who have been prescribed ONS <p>Home Enteral Feeding (HEF)</p> <ul style="list-style-type: none"> • Please refer adults with a feeding tube using the contact details provided 	<p>Tel: 020 8836 8652 Tel: 020 3049 3810 (HEF only) Email: oxl-tr.dieteticreferrals@nhs.net Email: lh.hen2@nhs.net (HEF only)</p> <p>Referral form: Complete form and send to above email address (links to forms on SEL site under Local Dietetic Teams – Greenwich)</p>
Lewisham	<p>Practice-based clinic</p> <ul style="list-style-type: none"> • Hyperlipidaemia • Hypertension • IBS • Allergy • Gastro condition • Diabetes • Other (please specify) <p>Weight management clinic</p> <ul style="list-style-type: none"> • Morbid Obesity BMI >40 <p>Nutrition Support:</p> <ul style="list-style-type: none"> • MUST score ≥2 • Patient discharged from hospital on ONS • Patient requires review of prescribed ONS • Includes housebound adults and care home residents <p>Home Enteral Feeding (HEF)</p> <ul style="list-style-type: none"> • Provided by Lewisham and Greenwich NCT Trust • Please refer adults with a feeding tube using the contact details provided 	<p>Tel: N/A Tel: 020 3049 3810 (HEF only) Email: bromh.leishamdietetics@nhs.net Email: lh.hen2@nhs.net (HEF only)</p> <p>Referral form: <u>Weight management / housebound / Care Home</u> Complete form attached and send to above email address</p> <p>Practice-based clinic Refer via EMIS – add reason for referral to entry + book into practice-based clinic via EMIS</p>

Lambeth & Southwark	<p>GP Surgery</p> <ul style="list-style-type: none"> • Age 18 or over • At risk of malnutrition / malnourished • Unintentional weight loss • Prescribed Oral Nutritional Supplements requiring review • Weight reduction* • Irritable Bowel Syndrome • Diabetes (type 2)* • Lipid lowering advice • Other diet related advice including iron deficiency <p><i>Check if patient appropriate for specialist service:</i></p> <ul style="list-style-type: none"> ▪ <i>Tier 2, Tier 3, Desmond (diabetesbooking.co.uk)</i> ▪ <i>HEAL-D (heal-d@kcl.ac.uk)</i> ▪ <i>Walking Away from Diabetes (form on EMIS / DXS; email to clinical.contactcentre@nhs.net)</i> 	<p>Tel: 020 7188 2010 Email: gstt.referralslambethsouthwarkdietetics@nhs.net</p> <p>Referral GPs: Use NHS e-Referral Service (e-RS) for all referrals to the GSTT Adult Integrated Care Dietetic Team unless your practice hosts a dietitian clinic (in which case, book directly via EMIS). Practices without a clinic but within a PCN that shares patients must use e-RS.</p> <p>Other HCPs with EPIC access: Add an order and refer to 'GOS N&D - LAMP HOME VISITS'.</p> <p>Other HCPs without EPIC access: Complete form and send to above email address (form available on SEL site under Local Dietetic Teams – Lambeth & Southwark).</p>
	<p>Home visits</p> <ul style="list-style-type: none"> • Age 18 or over • At risk of malnutrition / malnourished • Unintentional weight loss • Prescribed Oral Nutritional Supplements requiring review • Pressure ulcer ≥ category 3 or category 2 with nutritional concerns • Subjective signs of weight loss (MUAC measurement & poor nutritional status) • Has experienced a fall 	<p>Tel: 020 7188 2010 Email: gstt.referralslambethsouthwarkdietetics@nhs.net</p> <p>GPs: Use NHS e-Referral Service (e-RS) for all referrals to the GSTT Adult Integrated Care Dietetic Team for home visits.</p> <p>Other HCPs with EPIC: Add order → refer to 'GOS N&D - LAMP HOME VISITS'.</p> <p>Other HCPs without EPIC: Complete form and send to above email address (form available on SEL site under Local Dietetic Teams – Lambeth & Southwark).</p>
	<p>Home enteral feeding</p> <ul style="list-style-type: none"> • Please refer adults with a feeding tube using the contact details provided 	<p>Tel: 020 3049 3810 (HEF only) Email: lh.hen2@nhs.net (HEF only)</p>

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