

# SEL Borough Community Dietetic Service Contact and Referral Details

Borough	Referral Criteria	Contact Details / Referral Forms
<b>Bexley</b>	<p><b>Malnutrition</b>            MUST score <math>\geq 2</math> defined as:</p> <ul style="list-style-type: none"> <li>Unplanned weight loss <math>&gt;10\%</math> in previous 6 months</li> <li>BMI <math>&lt;18.5\text{kg/m}^2</math></li> <li>BMI <math>18.5\text{--}20\text{kg/m}^2</math> with weight loss of <math>&gt;5\%</math> in previous 6 months</li> </ul> <p><b>Pressure sores</b></p> <ul style="list-style-type: none"> <li>Refer with <math>\geq</math>Grade 2 (NB. also refer to tissue viability if appropriate)</li> </ul> <p><b>Exclusions</b></p> <ul style="list-style-type: none"> <li>Ambulatory patients – please refer to Dartford &amp; Gravesham NHS Trust who provide dietetic outpatient clinics at Darent Valley Hospital and Queen Mary's Hospital</li> <li>MUST score <math>&lt;2</math> – to be managed by GP / Community Nurse / residential setting</li> <li>Incomplete MUST score / lack of information</li> <li>People with Type 1 Diabetes should be referred to the Oxleas Community Diabetes Specialist Team in Greenwich and Bexley: <a href="mailto:oxl-tr.Diabetes@nhs.net">oxl-tr.Diabetes@nhs.net</a></li> <li>Adults with feeding tubes under the care of the Community Head &amp; Neck Team (CHANT) who provide rehabilitation services to adults with head and neck cancer</li> </ul> <p><b>Home Enteral Feeding (HEF)</b></p> <ul style="list-style-type: none"> <li>Please refer all adults with a feeding tube using the contact details provided</li> </ul>	<p><b>Tel:</b> 0300 330 5777  <b>Email:</b> <a href="mailto:bromh.cccpod2refs@nhs.net">bromh.cccpod2refs@nhs.net</a> (non-HEF)  <b>Email:</b> <a href="mailto:bromh.bexleyhef@nhs.net">bromh.bexleyhef@nhs.net</a> (HEF referrals only)</p> <p><b>Referral form:</b>            Complete form and send to relevant email address above            (links to forms on SEL site under Local Dietetic Teams – Bexley)</p>
<b>Bromley</b>	<p><b>Malnutrition</b>            MUST score <math>\geq 2</math> defined as:</p> <ul style="list-style-type: none"> <li>Unplanned weight loss <math>&gt;10\%</math> in previous 6 months</li> <li>BMI <math>&lt;18.5\text{kg/m}^2</math></li> <li>BMI <math>18.5\text{--}20\text{kg/m}^2</math> with weight loss of <math>&gt;5\%</math> in previous 6 months</li> </ul> <p><b>Pressure Sores</b></p> <ul style="list-style-type: none"> <li>Refer with <math>\geq</math>Grade 2 (NB. also refer to tissue viability if appropriate)</li> </ul> <p><b>Home Enteral Feeding (HEF)</b></p> <ul style="list-style-type: none"> <li>Please refer all adults with a feeding tube</li> </ul>	<p><b>Tel:</b> 0300 330 5777  <b>Email:</b> <a href="mailto:bromh.cccpod2refs@nhs.net">bromh.cccpod2refs@nhs.net</a></p> <p><b>Referral form:</b>            Complete form and send to email address above            (links to forms on SEL site under Local Dietetic Teams – Bromley)</p>

Approval date: January 2026

Review Date: January 2028 (or sooner if evidence or practice changes)

**Not to be used for commercial or marketing purposes. Strictly for use within the NHS**

<b>Greenwich</b>	<p><b>Primary Care Dietitians</b></p> <ul style="list-style-type: none"> <li>• ≥18 years old and registered with a Greenwich GP</li> <li>• Not housebound</li> <li>• MUST score ≥2 OR patients who have been prescribed ONS</li> <li>• Identified clinical disease that requires specialist dietetic intervention</li> <li>• Gastroenterology illnesses, including Coeliac Disease and IBS</li> </ul> <p><b>Food First Team</b></p> <ul style="list-style-type: none"> <li>• ≥18 years old and registered with a Greenwich GP</li> <li>• Housebound or living in a Greenwich Care Home</li> <li>• MUST score ≥2 OR patients who have been prescribed ONS</li> </ul> <p><b>Home Enteral Feeding (HEF)</b></p> <ul style="list-style-type: none"> <li>• Please refer adults with a feeding tube using the contact details provided</li> </ul>	<p><b>Tel:</b> 020 8836 8652  <b>Tel:</b> 020 3049 3810 (HEF only)  <b>Email:</b> <a href="mailto:oxl-tr.dieteticreferrals@nhs.net">oxl-tr.dieteticreferrals@nhs.net</a>  <b>Email:</b> <a href="mailto:lh.hen2@nhs.net">lh.hen2@nhs.net</a> (HEF only)</p> <p><b>Referral form:</b>  Complete form and send to above email address  (links to forms on SEL site under Local Dietetic Teams – Greenwich)</p>
<b>Lewisham</b>	<p><b>Practice-based clinic</b></p> <ul style="list-style-type: none"> <li>• Hyperlipidaemia</li> <li>• Hypertension</li> <li>• IBS</li> <li>• Allergy</li> <li>• Gastro condition</li> <li>• Diabetes</li> <li>• Other (please specify)</li> </ul> <p><b>Weight management clinic</b></p> <ul style="list-style-type: none"> <li>• Morbid Obesity BMI &gt;40</li> </ul> <p><b>Nutrition Support:</b></p> <ul style="list-style-type: none"> <li>• MUST score ≥2</li> <li>• Patient discharged from hospital on ONS</li> <li>• Patient requires review of prescribed ONS</li> <li>• Includes housebound adults and care home residents</li> </ul> <p><b>Home Enteral Feeding (HEF)</b></p> <ul style="list-style-type: none"> <li>• Provided by Lewisham and Greenwich NCT Trust</li> <li>• Please refer adults with a feeding tube using the contact details provided</li> </ul>	<p><b>Tel:</b> N/A  <b>Tel:</b> 020 3049 3810 (HEF only)  <b>Email:</b> <a href="mailto:bromh.lewishamdietetics@nhs.net">bromh.lewishamdietetics@nhs.net</a>  <b>Email:</b> <a href="mailto:lh.hen2@nhs.net">lh.hen2@nhs.net</a> (HEF only)</p> <p><b>Referral form:</b>  <u>Weight management / housebound / Care Home</u>  Complete form attached and send to above email address</p> <p><u>Practice-based clinic</u>  Refer via EMIS – add reason for referral to entry + book into practice-based clinic via EMIS</p>

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Lambeth & Southwark	<b>GP Surgery</b> <ul style="list-style-type: none"> <li>• Age 18 or over</li> <li>• At risk of malnutrition / malnourished</li> <li>• Unintentional weight loss</li> <li>• Prescribed Oral Nutritional Supplements requiring review</li> <li>• Weight reduction*</li> <li>• Irritable Bowel Syndrome</li> <li>• Diabetes (type 2)*</li> <li>• Lipid lowering advice</li> <li>• Other diet related advice including iron deficiency</li> </ul> <p><i>Check if patient appropriate for specialist service:</i></p> <ul style="list-style-type: none"> <li>▪ Tier 2, Tier 3, Desmond (<a href="https://diabetesbooking.co.uk">diabetesbooking.co.uk</a>)</li> <li>▪ HEAL-D (<a href="mailto:heal-d@kcl.ac.uk">heal-d@kcl.ac.uk</a>)</li> <li>▪ Walking Away from Diabetes (form on EMIS / DXS; email to <a href="mailto:clinical.contactcentre@nhs.net">clinical.contactcentre@nhs.net</a>)</li> </ul>	<p><b>Tel:</b> 020 7188 2010  <b>Email:</b> <a href="mailto:gstt.referralslambethsouthwarkdietetics@nhs.net">gstt.referralslambethsouthwarkdietetics@nhs.net</a>  <b>Referral</b>  <b>GPs:</b> Use NHS e-Referral Service (e-RS) for all referrals to the GSTT Adult Integrated Care Dietetic Team unless your practice hosts a dietitian clinic (in which case, book directly via EMIS). Practices without a clinic but within a PCN that shares patients must use e-RS.</p> <p><b>Other HCPs with EPIC access:</b> Add an order and refer to 'GOS N&amp;D - LAMP HOME VISITS'.</p> <p><b>Other HCPs without EPIC access:</b> Complete form and send to above email address (form available on SEL site under Local Dietetic Teams – Lambeth &amp; Southwark).</p>
	<b>Home visits</b> <ul style="list-style-type: none"> <li>• Age 18 or over</li> <li>• At risk of malnutrition / malnourished</li> <li>• Unintentional weight loss</li> <li>• Prescribed Oral Nutritional Supplements requiring review</li> <li>• Pressure ulcer ≥ category 3 or category 2 with nutritional concerns</li> <li>• Subjective signs of weight loss (MUAC measurement &amp; poor nutritional status)</li> <li>• Has experienced a fall</li> </ul>	<p><b>Tel:</b> 020 7188 2010  <b>Email:</b> <a href="mailto:gstt.referralslambethsouthwarkdietetics@nhs.net">gstt.referralslambethsouthwarkdietetics@nhs.net</a>  <b>GPs:</b> Use NHS e-Referral Service (e-RS) for all referrals to the GSTT Adult Integrated Care Dietetic Team for home visits.  <b>Other HCPs with EPIC:</b> Add order → refer to 'GOS N&amp;D - LAMP HOME VISITS'.</p> <p><b>Other HCPs without EPIC:</b> Complete form and send to above email address (form available on SEL site under Local Dietetic Teams – Lambeth &amp; Southwark).</p>
	<b>Home enteral feeding</b> <ul style="list-style-type: none"> <li>• Please refer adults with a feeding tube using the contact details provided</li> </ul>	<p><b>Tel:</b> 020 3049 3810 (HEF only)  <b>Email:</b> <a href="mailto:lh.hen2@nhs.net">lh.hen2@nhs.net</a> (HEF only)</p>

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