

Over 65?

What vaccines are
available for you



www.nhs.uk/live-well/seasonal-health

What vaccines are available to you?

Vaccine	Who					Need to know
	65-69	70-74	75-79	80	81+	
Flu vaccine	✓	✓	✓	✓	✓	Offered every autumn/winter
COVID-19 vaccine	✗	✗	✓	✓	✓	Offered every autumn/winter and to some in spring
Pneumococcal vaccine - helps protect against serious illnesses like pneumonia and meningitis	✓	✓	✓	✓	✓	Just one dose needed
Shingles vaccine - helps protect against a painful rash	✓*	✓	✓	✗	✗	Two doses needed *People who turned 65 on or after Sep 2023. If you turned 65 before Sep 2023, you'll be eligible when you turn 70
RSV vaccine - helps protect against serious breathing problems	✗	✗	✓	✓	✓	Just one dose needed

How to book

Speak to your GP practice to get the pneumococcal, RSV or shingles vaccine.

To book flu or COVID-19 vaccines, go on the NHS app, visit www.nhs.uk/bookflu and www.nhs.uk/bookcovid or call **119**.