

South East London Asthma Friendly School Guidance

The requirements to meet to become an “Asthma Friendly Schools” are shown in the table below.

Asthma Friendly School Criteria Checklist		
Standard	Checklist	Comments
Asthma Champion	Identify asthma champion(s) in school, and make sure whole school are aware. Asthma champion(s) to attend face to face training with asthma friendly school's practitioner.	For roles and responsibilities, refer to page 7 of the London's school guide
Training	School to access tier 1 training as per national bundle of care. 85% of school need to complete tier 1 training to achieve certification. Mandatory for P.E. teachers, first aiders, asthma champion and those directly involved in asthma care in school to attend training delivered by the asthma friendly schools' practitioner.	Refer to page 6 of London schools' guide for guidance when creating your school's asthma policy. Another useful tool is the Beat Asthma - Supporting Pupils with Asthma Legal Requirements checklist .
Asthma Policy	Asthma policy needs to be in place. All members of staff to have access to policy, and are aware where it is kept Parents to be aware of policy Named contact that has responsibility for reviewing policy, and date set out to review policy	We will provide an example of a school asthma policy that can be amended to your school needs.
Asthma Register	Contents of register; Name and DOB of student Consent to administer emergency medication Consent for use of emergency inhaler recorded Parents/Carers to inform school of diagnosis of asthma Register to be accessible to all staff and kept in staff room, school office and common room	
Emergency Medication Kit/Procedures	Contents of emergency asthma kit; 1. X2 Salbutamol metered dose inhaler	

	<ol style="list-style-type: none"> 2. Two single-use plastic spacers compatible with inhaler (x1 mask, x1 mouthpiece) 3. Instructions on how to use the inhaler and spacer 4. Instructions on how to clean and store the equipment 5. Manufacturer's instructions 6. Label for expiry date – to be placed on outside of bag 7. Pharmacy contact details 8. Record of when inhaler has been used 9. Pen 10. Asthma champion details <p>Staff must be aware of location of kit, and how to use</p> <p>Checklist must be included on usage and checking equipment</p> <p>Parents to be informed promptly if emergency kit is required, and advised child needs clinical review</p>	
<p>Individualised Asthma Care Plan</p> <p>Recording use of student's medication</p> <p>Students who self-manage</p>	<p>An asthma plan must be requested by the school for each student with a diagnosis of asthma.</p> <p>If the child has a personal asthma action plan: The student and staff should know where this is kept (usually in the school office) Must be signed by Doctor or Nurse In absence of individualised asthma care plan, school to provide standardised plan</p> <p>Records to be kept of medication used, and parents informed promptly of any incidents/symptoms/usage outside of individualised care plan</p> <p>Secondary school students only; students should be encouraged to self-manage their condition where appropriate, this involves keeping their medication/equipment on their person. It is vital that emergency equipment/medication is available for these students.</p>	