

# About the Dynamic Support Register (DSR)



**Easy  
Read**

# Easy Read



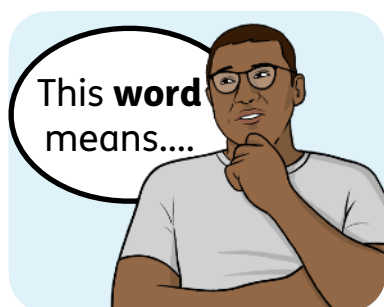
This is an Easy Read version of some information. It may not include all of the information but it will tell you about the important parts.



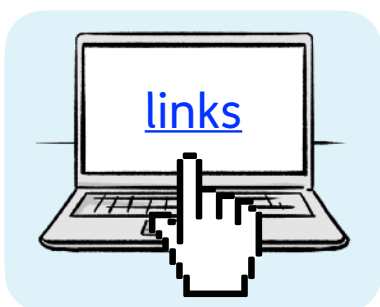
This Easy Read booklet uses easier words and pictures. Some people may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker. These are important words in the booklet.



Sometimes if a bold word is hard to understand, we will explain what it means.



[Blue and underlined](#) words show links to websites and email addresses. You can click on these links on a computer.

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You can fill in a quick survey to say what you think about this Easy Read booklet:  
[www.easy-read-online.co.uk/easy-read-feedback-survey](http://www.easy-read-online.co.uk/easy-read-feedback-survey)

# About this booklet



This booklet is from NHS South East London.



It is about the **Dynamic Support Register (DSR)**.

The **Dynamic Support Register** is a list of people:



- With a learning disability, and/or



- Who are autistic.



This booklet will tell you more about the DSR and who can join it.

# How the Dynamic Support Register (DSR) can help

The DSR can help people who might:



- Go into a mental health hospital.



- Lose their care or support at home.



The DSR helps the NHS and local councils work together to give people the support they need at the right time.

## Being on the DSR means:



- Services can see signs of problems early on.



- You can get extra support quickly.



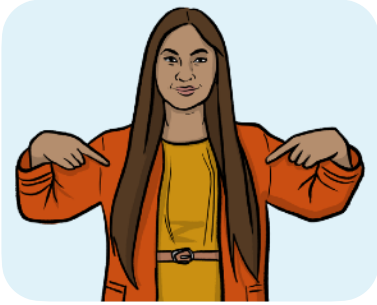
- You might not need to go into hospital.



- Your care is checked to keep you safe.

# Information on the Dynamic Support Register (DSR)

The DSR keeps information about you, like:



- Your name.



- Your age.



- If you are a man or a woman.

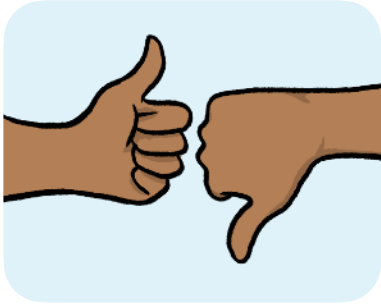


- Your NHS number.



- Where you live and who supports you.

The DSR also keeps information about you, like:



- What makes you feel upset or calm.



- Your health, education and care needs.



- Who takes part in caring for you and keeping you safe.



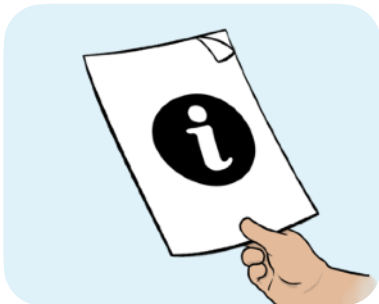
# Who sees your information



The NHS South East London team manages the DSR.



Only professionals who we trust see your information.



Your information might be shared with health, education and care teams.



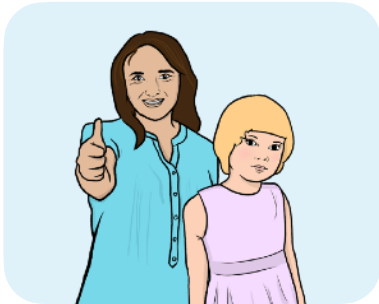
A copy of the DSR with no names on it is shared with other NHS teams to help make our services better.

# Who can ask for you to be added to the DSR

People who can ask for you to be on the DSR are:



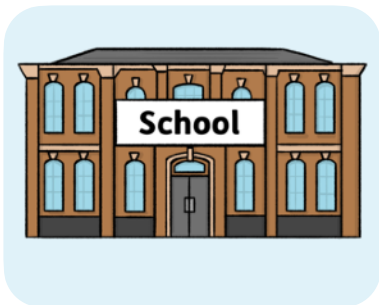
- You - at any age.



- Your parent or carer.



- Your doctor (GP).



- Your school or college.



- Your social worker.

People who can also ask for you to be on the DSR are:



- Mental health staff or professionals who are in charge of keeping you safe.



- The court or police.



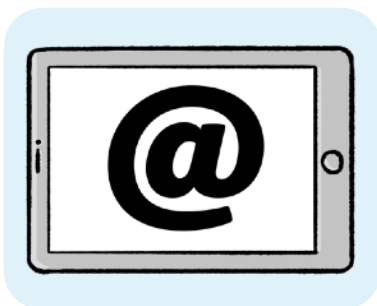
- Anyone who is part of your care, education, support or healthcare.

# How to join the DSR

If you think you or someone in your family should be on the DSR, you can contact us by:



- Filling in the form on our website:  
[selics.digitaldsr.nhs.uk](https://selics.digitaldsr.nhs.uk)



- Emailing us at:  
[SELDSRAdmin@selondonics.nhs.uk](mailto:SELDSRAdmin@selondonics.nhs.uk)  
telling us your name, date of birth and the best way to contact you, like email, phone, letter or something else.



- Phoning us on 020 8176 5565.

If we do not answer, please leave us a message telling us your name, your phone number and the best time to call you.



We will get back to you in five working days.

# If you need help



A professional can also ask for you to be on the DSR.

This might be:



- Your social worker.



- A mental health worker.



- Your advocate - this is someone who speaks up for you or helps you to speak up for yourself.



- Someone who supports you at school or college.



Professionals will need to use this link to ask for you to be on the DSR:

[selics.digitaldsr.nhs.uk](https://selics.digitaldsr.nhs.uk)

## Agreeing to be on the DSR



You will need to say that you agree to be on the DSR.



If you are under 16, your parent or carer will usually need to say you can be on the DSR.



If you are under 16 but understand enough, you may be able to agree for yourself.



If you are over 16, you must agree for yourself.



If you cannot agree because of your needs, a professional can check and say if you should be on the DSR.

## Changing your mind

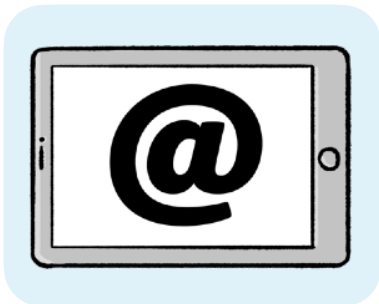


If you decide you do not want to be on the DSR, that is okay.



We will help you stop being on the DSR and answer any questions you have.

You can contact us to do this by:



- Emailing us at:  
[SELDSRAdmin@selondonics.nhs.uk](mailto:SELDSRAdmin@selondonics.nhs.uk)



- Phoning us on 020 8176 5565.



If you change your mind, you can also speak to your health or care worker.

## Keeping people safe



If we think you or someone else is in danger, we may add your name to the DSR to help keep you safe.



We may do this without you agreeing to it.

## How long you will stay on the DSR

You will stay on the DSR:



- As long as you may be at risk of being harmed, and you agree to being on the DSR.



- Until your life gets better and you no longer need to be on the DSR.



# If you have any questions

If you have any questions or need help,  
you can contact us by:



- Email:  
[SELDSRAdmin@selondonics.nhs.uk](mailto:SELDSRAdmin@selondonics.nhs.uk)



- Phone: 020 8176 5565.



- Speaking to your health or care worker.