

Safe discharge protects residents, hospital flow, and care home sustainability



Did you know?

Care home nurses are registered nurses with experience of working with residents with complex and chronic conditions, requiring clinical knowledge and an understanding of the specific needs of older adults.

They may be the only registered practitioner on-site, responsible for up to 30 residents at any one time and managing a large team of care staff each shift. Their role includes assessing, monitoring and treating everything from diabetes to delirium, continence to cancer, HIV to heart attack and Parkinson's to pneumonia.

Care is complicated by comorbidities, polypharmacy, frailty, falls and memory loss. Their workload (including new and readmissions) needs to be carefully planned to maintain safe care for all residents.

Speak to the care home before you discharge a resident back home.



[selondonics.org/
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**Working together
for safer discharge
to care homes**