

**South East London Integrated Medicines Optimisation Committee  
(SEL IMOC)**

**Withdrawal of SEL integrated guideline for the management of  
allergic rhinitis (originally published in June 2021)**

Following the development and approval of the SEL Acute Provider Collaborative (SEL APC) guideline for the management of ear, nose and throat (ENT) disorders in adults in primary and secondary care, the SEL IMOC guidance for managing allergic rhinitis has been withdrawn.

The SEL APC adult ENT guidelines include information on the diagnosis and pharmacological management of a number of ENT conditions, including allergic rhinitis.

The previous SEL IMOC guidance on the management of allergic rhinitis has been updated and incorporated within the SEL APC guidelines. The medication related content within the SEL APC adult ENT guidelines has been reviewed and approved through the SEL IMOC.

The SEL APC adult ENT guidelines can be accessed [here](#).

**December 2023**