

SPECIALS FACTSHEET

Dear GP & Pharmacist

Your patient was reviewed by a dermatologist at Guy's and St Thomas' NHS Foundation Trust and has been prescribed: **Lactic acid 10% in Diprobase cream x 100g**

The instructions for use will be documented on the patient's prescription/discharge letter. This is an unlicensed 'special' available from 'special order' manufacturers and licensed hospital manufacturing units.

Indication

Please refer to the patient's dermatology clinic letter for the indication for this treatment.

Rationale for use over other products

Alpha-hydroxy acids (e.g. lactic, glycolic, or pyruvic acids) are effective for hydrating the skin in hyperkeratotic disorders and twice-daily applications have shown to be superior to petrolatum-based creams for control of congenital ichthyosis. There are no equivalent licensed products.

Duration of use

Patients responding to treatment will usually use this product on a long term basis.

Monthly quantities to be prescribed

This will depend on the size of the patient and whether they require once or twice daily application. For twice daily application to the whole body, no more than 20 x 100g containers should be required per month.

Practical tips regarding application

Lactic acid 10% in Diprobase cream should be used in the same way as any other emollient. It should be applied all over the body and rubbed into the skin, preferably in one direction to minimise the risk of folliculitis.

Further supplies

For ongoing supplies, this treatment is manufactured and distributed by Guy's manufacturing unit who can be contacted as per below for product information (e.g. cost, how to order and estimated delivery time).

Ordering processing service Pharmacy production unit Pharmacy Guy's Hospital Great Maze Pond London SE1 9RT	Tel: 020 7188 4992 Fax: 020 7188 5013 Opening hours: 9am – 5pm Monday - Friday
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For further information on specials recommended by the British Association of Dermatologists for Skin Disease, including information on all licensed NHS hospital manufacturing units please see: www.bad.org.uk/specials