

Respimat® Device Prescribing Factsheet

Aim

To support healthcare professionals with the prescribing and use of the new Respimat® re-usable devices

1. To ensure patients are prescribed the correct item (re-usable device + cartridge, or individual cartridge)
2. To ensure healthcare professionals are aware of the steps patients need to take when replacing cartridges or device

Background

- The original Respimat® device contained a single-use device and cartridge and was replaced every 30 days and patients (or their healthcare professional) currently need to 'activate' each new device, by inserting a cartridge into the device
- The re-usable device simplifies handling, improves readability of the dose indicator and redesigns the Respimat® for re-use with multiple cartridges, based on patient and healthcare professional feedback.
- The Respimat® re-usable device also offers the potential to reduce environmental impact from re-use with up to six cartridges.

Key Messages

- The Respimat® inhaler has changed from a disposable device-plus-cartridge that needs to be replaced each month to a re-usable device where the cartridge is removed when empty, and a new one inserted.
- The re-usable Respimat® device can be used for up to six months, which translates to 6 cartridges. Once the six months have passed, a replacement device must be prescribed.
- Prescribers should prescribe a single re-usable device pack containing one Respimat® device and one cartridge for the first prescription and then the subsequent 5 prescriptions should be for individual cartridges. Every 6th prescription should be for a re-usable device pack.
- The single refill pack contains one cartridge. Each cartridge contains 60 puffs which equates to 30 days treatment.
- Healthcare professionals and patients should use www.Rightbreathe.com to access information about inhalers, technique videos, guidelines and prescribing information
- Asthma UK also have supportive information on inhalers/technique videos. This information is applicable to those with and without asthma. www.asthma.org.uk

Information for Patients

- Respimat® products are now available as a re-usable inhaler device pack with cartridge included, or as a single cartridge pack. The previous monthly disposable device-plus-cartridge pack is no longer available.
- The directions for use, strength and frequency of administration of the medicine have not changed. The daily dose of the new re-usable Respimat® inhaler device is still the same: two puffs daily.
- Do not dispose of the Respimat® re-usable inhaler device when the cartridge is empty; simply replace the empty cartridge with a new one.
- Up to six cartridges can be used per re-usable Respimat® inhaler device before new inhaler device is required. This equates to a new device every six months.
- A new prescription for a Respimat® cartridge should be requested when the colour of the dose counter changes from white to yellow.
- All used canisters should be returned to a pharmacy to dispose of in an environmentally safe way.

References

More information about this change can be found at <https://www.medical.respimat.com/uk/HCP/what-is-respimat>
Boehringer Medical Information can be contacted at: 01344 742 579 or medinfo.bra@boehringer-ingelheim.com

1. SE London Integrated Medicines Optimisation Committee. Adult asthma management guidelines. March 2019.
2. SE London Integrated Medicines Optimisation Committee. COPD management guidelines. March 2019.
3. RightBreathe www.rightbreathe.com [accessed 02 December 2020]
4. Boehringer Ingelheim www.medical.respimat.com [accessed 02 December 2020]
5. Asthma UK. How to use your inhaler. <https://www.asthma.org.uk/advice/inhaler-videos/> [accessed 02 December 2020]

Acknowledgements: Leaflet adapted from Respimat® re-useable inhaler device factsheet v2.0

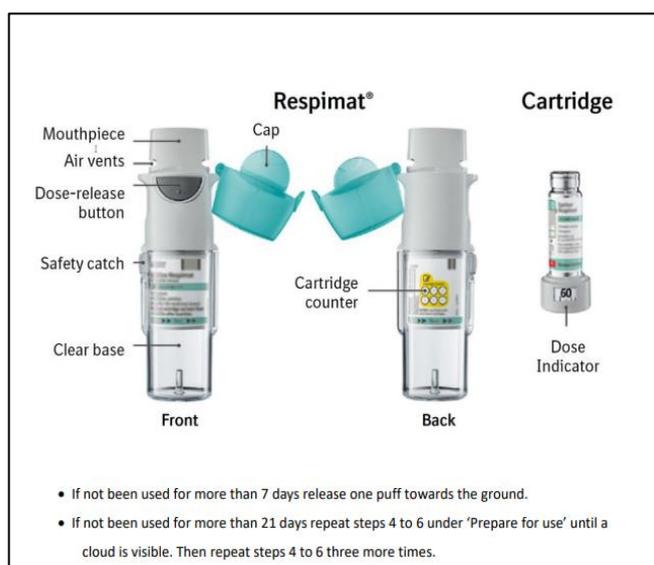
Approval date: December 2021

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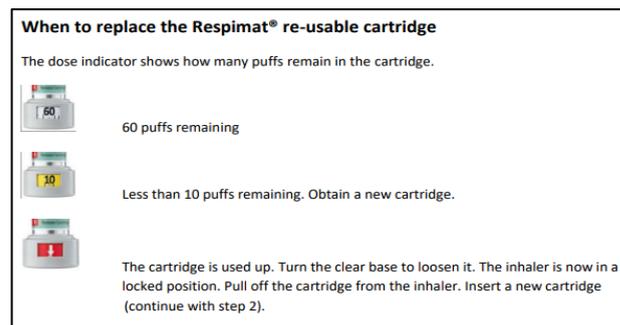
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Device information



Source: Boehringer Ingelheim <http://www.medical.respimat.com>



How to use the re-usable Respimat® device with replacement cartridges:

<p>1. Remove clear base</p> <ul style="list-style-type: none"> • Keep the cap closed. • Press the safety catch while pulling off the clear base with the other hand. 	<p>Safety catch Clear base</p>	<p>4. Turn</p> <ul style="list-style-type: none"> • Keep the cap closed. • Turn the clear base in the direction of the arrows on the label until it clicks (half a turn). 	<p>Arrows</p>
<p>2. Insert cartridge</p> <ul style="list-style-type: none"> • Insert the cartridge into the inhaler. • Place the inhaler on a firm surface and push down firmly until it clicks into place. 	<p>"CLICK"</p>	<p>5. Open</p> <ul style="list-style-type: none"> • Open the cap until it snaps fully open. 	<p>Cap</p>
<p>3. Track cartridge</p> <ul style="list-style-type: none"> • Mark the check-box on inhaler's label to track the number of cartridges. • Put the clear base back into place until it clicks. 	<p>Clear base</p>	<p>6. Press</p> <ul style="list-style-type: none"> • Point the inhaler toward the ground. • Press the dose-release button. • Close the cap. • Repeat steps 4-6 until a cloud is visible. • After a cloud is visible, repeat steps 4-6 three more times. <p>The inhaler is now ready to use and will deliver 60 puffs (30 doses).</p>	<p>Dose-release button</p> <p>Step 4-6 x3</p>

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