

## Information about changes to medicines or treatments on the NHS: **Changes to perindopril arginine prescribing**

The NHS will be asking doctors to stop or greatly reduce the prescribing of some medicines from December 2017. This is because the medicines are:

- Not as safe as other medicines OR
- Not as good (effective) as other medicines OR
- More expensive than other medicines that do the same thing.

**One of these medicines is perindopril arginine.**

This document will explain why the changes are happening and where you can get more information and support.

### **What is perindopril?**

Perindopril belongs to a group of medicines called ACE inhibitors, which are used in heart failure, high blood pressure, kidney disease in people who have diabetes and in the prevention of heart disease and strokes.

Perindopril tablets are available in two forms called perindopril arginine and perindopril erbumine (also sometimes known as tert-butylamine).

### **Why does the NHS want to reduce prescribing of perindopril arginine?**

Perindopril arginine tablets are more stable in extremes of temperature than perindopril erbumine tablets which makes them better for use in hot climates. This stability increases the period before they are out-of-date from two to three years. This doesn't really matter in the UK, so there is no need to use perindopril arginine instead of perindopril erbumine in this country.

Both forms work in the same way and have the same benefits, but perindopril arginine is much more expensive than perindopril erbumine, so is not good value for money.

Approval date: May 2018

Review date: May 2020

Approved for use in South East London by:

South East London Area Prescribing Committee. A partnership between NHS organisations in South East London: Bexley/ Bromley/ Greenwich/ Lambeth/ Lewisham & Southwark Clinical Commissioning Groups (CCGs) & GSTFT/KCH/SLAM/Oxleas NHS Foundation Trusts & Lewisham & Greenwich NHS Trust

**Not for commercial or marketing use. Strictly for use within the NHS**

## What options are available instead of perindopril arginine?

You are likely to be prescribed perindopril erbumine tablets instead of perindopril arginine tablets. The dose of perindopril erbumine you are prescribed will probably be slightly lower than the dose of perindopril arginine that you are currently taking but they will have the same effect.

## What do I do if my medicine has been changed and it's causing me problems?

You are unlikely to have problems with the new medicine as both forms of perindopril work in the same way and have the same benefits and the same side effects.

However, if you do have problems you should speak to your doctor.

## Where can I find more information and support?

- You can speak to your local pharmacist, GP or the person who prescribed the medication to you
- The Patients Association can also offer support and advice: [www.patients-association.org.uk/](http://www.patients-association.org.uk/) or call 020 8423 8999
- Healthwatch: [www.healthwatch.co.uk](http://www.healthwatch.co.uk)

Find out more about the medicines that are being stopped or reduced:  
<https://www.england.nhs.uk/medicines/items-which-should-not-be-routinely-prescribed/>

**If you have any questions about perindopril arginine prescribing please email them to: [england.medicines@nhs.net](mailto:england.medicines@nhs.net)**

Approval date: May 2018

Review date: May 2020

Approved for use in South East London by:

South East London Area Prescribing Committee. A partnership between NHS organisations in South East London: Bexley/ Bromley/ Greenwich/ Lambeth/ Lewisham & Southwark Clinical Commissioning Groups (CCGs) & GSTFT/KCH/SLAM/Oxleas NHS Foundation Trusts & Lewisham & Greenwich NHS Trust

**Not for commercial or marketing use. Strictly for use within the NHS**