

**South East London Area Prescribing Committee  
Stoma Products that should not be routinely prescribed  
Position Statement**

<b>Reference:</b>	<b>PS-020</b>
<b>Intervention:</b>	<b>Stoma products that should not be routinely prescribed</b>  <b>NOTE:</b> The guidance in this position statement is based on recommendations from the NHS London Procurement Partnership, Medicines Optimisation and Pharmacy Procurement (MOPP) Workstream.
<b>Date of Decision:</b>	<b>July 2019</b>
<b>Date of Issue:</b>	<b>July 2019</b>
<b>Recommendation:</b>	<b>Grey – not recommended for prescribing in South East London</b> <ul style="list-style-type: none"> <li>• Prescribers should <b>NOT</b> initiate stoma products such as deodorants, lubricating products, skin cleansers, underwear, filters, bag covers, bridges and bag closures for any patient with a newly formed stoma</li> <li>• Patients established on the above products should be reviewed with a view to having these stopped or encouraged to self-care with OTC preparations</li> <li>• Counsel patients to help them understand that these are routine products for their self-care and therefore will not be prescribed on FP10</li> <li>• If patients want to discuss alternative options they should be encouraged to discuss it with their stoma nurse.</li> </ul>
<b>Further Information:</b>	<ul style="list-style-type: none"> <li>• Bag covers, filters and bag closures are now integral parts of stoma appliances and the design of modern appliances usually negates the need for stoma bridges.</li> <li>• However there are still some older models available that may not include the afore-mentioned and should be continued.</li> <li>• Deodorants and underwear can be purchased in retail outlets if deemed necessary.</li> <li>• Skin cleansers, anti-bacterial detergents or soaps are not clinically required and should not be prescribed. Warm tap water is sufficient as a skin cleanser. For patients requiring lubricating products a small amount of cooking/olive /baby oil can be substituted.</li> <li>• In the event a patient requests these products, a clinical review of the patient by their established stoma care nurse must be undertaken and a clinical justification established for its continued need.</li> <li>• A comprehensive list of products that should not be prescribed or only prescribed on the advice of a stoma nurse should be incorporated into local prescribing guidelines.</li> <li>• For further information please refer to: <a href="http://www.lpp.nhs.uk/media/165524/NHS-LPP-MEMO-FOR-STOMA-PRODUCTS-THAT-SHOULD-NOT-BE-ROUTINELY-PRESCRIBED-november-2018.pdf">http://www.lpp.nhs.uk/media/165524/NHS-LPP-MEMO-FOR-STOMA-PRODUCTS-THAT-SHOULD-NOT-BE-ROUTINELY-PRESCRIBED-november-2018.pdf</a></li> </ul>
<b>Non-formulary Items:</b>	Please refer to the document below which contains a Drug Tariff list of items which should not be routinely prescribed on an FP10. <a href="http://www.lpp.nhs.uk/media/165502/Appendix-Stoma-Products-that-should-not-to-be-regularly-prescribeddocx.pdf">http://www.lpp.nhs.uk/media/165502/Appendix-Stoma-Products-that-should-not-to-be-regularly-prescribeddocx.pdf</a>

<b>Cost Impact for agreed patient group:</b>	<ul style="list-style-type: none"> <li>• Across six CCGs in South East London spend on products that should not be routinely prescribed is £56,764 (<i>over 12 month period</i>)</li> <li>• Stopping these products will enable the savings and continue to accrue savings if new patients are not initiated these non-approved products.</li> </ul>
<b>Usage Monitoring &amp; Impact Assessment:</b>	<p><b>Acute Trusts</b></p> <ul style="list-style-type: none"> <li>• Stoma products are not listed on the formulary nor stocked by pharmacy. These are provided as free samples to patients by the manufacturers and subsequently requested on FP10 when patient care is transferred to primary care via a Dispensing Appliance Contractors (DAC).</li> </ul> <p><b>CCGs</b></p> <ul style="list-style-type: none"> <li>• Monitor impact 2 data</li> <li>• Review annual review reports by established Stoma Nurses which will contain details of clinical reviews and in particular monitor and support if inappropriate requests to prescribe these products are made in primary care.</li> </ul>
<b>Evidence reviewed:</b>	<ol style="list-style-type: none"> <li>1. Lord Carter of Coles (February 2016). Operational Productivity and Performance in English NHS Acute Hospitals: Unwarranted Variations- an Independent Report for the Department of Health, available at <a href="https://www.gov.uk/government/publications/productivity-in-nhs-hospitals">https://www.gov.uk/government/publications/productivity-in-nhs-hospitals</a></li> <li>2. Lord Carter of Coles (May 2018). Unwarranted Variations in Mental Health and Community Health Services, available at <a href="https://improvement.nhs.uk/about-us/corporate-publications/publications/lord-carters-review-unwarranted-variations-mental-health-and-community-health-services">https://improvement.nhs.uk/about-us/corporate-publications/publications/lord-carters-review-unwarranted-variations-mental-health-and-community-health-services</a></li> <li>3. NHS England- The NHS Medicines Management Value Programme, available at <a href="https://www.england.nhs.uk/medicines/value-programme">https://www.england.nhs.uk/medicines/value-programme</a></li> <li>4. Recommendations from the NHS London Procurement Partnership, Medicines Optimisation and Pharmacy Procurement, Stoma and Continence Task and Finish Group. <a href="http://www.lpp.nhs.uk/">http://www.lpp.nhs.uk/</a></li> </ol>

**NOTES:**

- a) Area Prescribing Committee recommendations, position statements and minutes are available publicly via the [APC website](#).
- b) This Area Prescribing Committee position statement has been made on the cost effectiveness, patient outcome and safety data available at the time. The position statement will be subject to review if new data becomes available, costs are higher than expected or new NICE guidelines or technology appraisals are issued
- c) **Not to be used for commercial or marketing purposes. Strictly for use within the NHS**