

South East London Continuous Glucose Monitoring: example letter to primary care

This is a template letter that specialist diabetes teams can use when initiating continuous glucose monitoring (CGM). Alternatively, the information below can be added to a standard clinic letter.

Re : PATIENT NAME/ NHS number/ Date of Birth

Repeat prescription amendment required – initiation of continuous glucose monitoring system

Initiation of Dexcom One real time continuous glucose monitoring (CGM) system

Your patient has been prescribed the Dexcom One real time CGM system in line with the local prescribing guidance. We have provided education to the patient on how to use the Dexcom One system.

Please can we request that the repeat prescription record is updated as follows. Please ADD:

- Dexcom One sensors. Please prescribe enough to cover the patient's usual prescription interval. One sensor lasts 10 days, therefore if the patient is usually prescribed 56 days medication, please prescribe six sensors.
- Dexcom One transmitter. Each transmitter lasts 90 days months, therefore the patient should need approximately one transmitter every 90 days.

Please ensure patients still have access to finger prick blood glucose testing strips and lancets. Continuous glucose monitoring is not a complete substitute for blood glucose testing. Finger-prick blood glucose testing is still required in certain circumstances. Please see the [South East London Continuous Glucose Monitoring Guidance – Adults living with type 1 diabetes](#) for further information if needed.

Yours sincerely

Diabetes Team

cc patient

OR

Initiation of GlucoRx Aidex real time continuous glucose monitoring (CGM) system

Your patient has been prescribed the GlucoRx Aidex real time CGM system in line with the local prescribing guidance. We have provided education to the patient on how to use the GlucoRx Aidex system.

Please can we request that the repeat prescription record is updated as follows:

Please ADD: GlucoRx Aidex sensors. Please prescribe enough to cover the patient's usual prescription interval. One sensor lasts 14 days, therefore if the patient is usually prescribed 56 days medication, please prescribe four sensors

Please ensure patients still have access to finger prick blood glucose testing strips and lancets. Continuous glucose monitoring is not a complete substitute for blood glucose testing. Finger-prick blood glucose testing is still required in certain circumstances. Please see the [South East London Continuous Glucose Monitoring Guidance – Adults living with type 1 diabetes](#) for further information if needed.

Yours sincerely

Diabetes Team

cc patient

OR

Initiation of Freestyle Libre 2 intermittently scanned CGM system

Your patient has been prescribed the FreeStyle Libre® 2 intermittently scanned CGM system in line with the local prescribing guidance. We have provided education to the patient on how to use Freestyle Libre 2.

Please can we request that the repeat prescription record is updated as follows:

Please ADD: Freestyle Libre 2 sensors. Please prescribe enough to cover the patient's usual prescription interval. One sensor lasts 14 days, therefore if the patient is usually prescribed 56 days medication, please prescribe four sensors

Please ensure patients still have access to finger prick blood glucose testing strips and lancets. Continuous glucose monitoring is not a complete substitute for blood glucose testing. Finger-prick blood glucose testing is still required in certain circumstances. Please see the [South East London Continuous Glucose Monitoring Guidance – Adults living with type 1 diabetes](#) for further information if needed.

Yours sincerely

Diabetes Team

cc patient