

**South East London Integrated Medicines Optimisation Committee  
(SEL IMOC)**

**Withdrawal of SEL Integrated guideline for the management of  
asthma in adults (issued March 2019)**

Following the development and approval of the Clinical Effectiveness South East London (CESEL) Guide on the management of asthma in adults (18 years and over), the SEL integrated guideline for the management of asthma in adults has been withdrawn.

The CESEL Guide includes the treatment pathway for asthma in adults along with information on the medical management of asthma, locally approved inhaler options and the emergency management of asthma in adults. The medication related content within the CESEL Guides has been reviewed and approved through the SEL IMOC.

The CESEL adult asthma Guide can be accessed [here](#). A CESEL Guide on the management of asthma in children and young people is also available and can be accessed [here](#)

**October 2023**