



# Getting an appointment at your Bromley GP practice

Your local NHS wants to make it as easy as possible for you to get in touch with your GP practice to make an appointment. Many of us are used to calling our practices at 8am to try and get an appointment that day. But did you know there are other convenient ways of getting the help you need?



### **NHS App**

Use the NHS App to make appointments, check your symptoms, get advice on what service to use, and to request prescriptions and sicknotes. The app is free to download from either the App Store or Google Play.

Do not use an App if your medical problem is urgent. Call your practice or visit www.111.nhs.uk

#### Dr Alka Sharma, Bromley GP said,

"As well as using the NHS app to request appointments, it is a great source of useful information. From checking your symptoms to advice on self-care. If you do need to be seen urgently though,

give us a call or if we are closed, go to www.111.nhs.uk who can arrange for you to be seen in a local service if needed".



#### **eConsult**



eConsult lets you contact your practice over the internet using an online form. It saves you waiting on the phone for an appointment or going to the GP practice. You can tell your GP about your health using eConsult on your computer, tablet, or smartphone. Once you log into eConsult, there will be an online form to fill in with your information and request. All Bromley GP practices offer eConsult.

Every eConsult request is looked at by the practice and a response provided by the end of the next working day. This may be a face-to-face appointment, a call back, health advice or a prescription.

It's really easy to get started. Just go to your practice website or speak to your practice reception team.

Do not use eConsult if your medical problem is urgent. Call your practice or visit www.111.nhs.uk

## **Telephone**

#### Dr Andrew Parson, Bromley GP said,

"Bromley practices are helping hundreds of people every day. Demand is high so phone lines are busy, especially in the morning when lots of people call. Staff are answering calls as quickly as possible so please do be patient. If you need help urgently, please use the phone and you will be seen that day by a local service. If your need is not urgent, please help your practice by using eConsult or the NHS App to ask questions, request prescriptions and book appointments".



