

## Clinical Effectiveness South-East London (CESEL) update

February 2023

“Making the right thing to do the easy thing to do”, for busy GP teams

CESEL is a quality improvement programme designed and delivered by primary care, for primary care. The team includes clinical leads from each of the south-east London (SEL) boroughs.

CESEL guides, educational links and updates, can be found on the webpage (or search Google: ‘CESEL’).

[Email the team](#) to arrange a visit, share any feedback or find out how we can support your practice.

### ★ **Chronic Kidney Disease: a new CESEL clinical area**

CKD registers in SE London have currently identified half the expected number of patients. By better identifying and managing patients with CKD we can reduce the number of patients developing end stage kidney disease.

Developed in partnership with the Medicines Optimisation Team, and supported by the London Kidney Network (LKN), the new [Chronic Kidney Disease \(CKD\) CESEL Guide](#) provides an easy-to-follow approach to all aspects of CKD management in primary care,.

#### **Upcoming CESEL clinical areas**

In the pipeline are CESEL Guides and support, covering:

- Asthma
- Depression and Anxiety
- Atrial Fibrillation

The team will continue to prioritise local delivery of CESEL support, in consultation with primary care teams via CESEL ‘visits’, education events and/or PCN forums.

#### **Type 2 diabetes and hypertension**

Since CESEL was launched, the team have focused support on Type 2 Diabetes and Hypertension. We have since delivered:

- Borough-based best-practice CESEL Guides for hypertension and type 2 diabetes
- 15 borough-wide education events
- 100 practice and PCNs visits, supported by up-to-date practice and PCN data packs.

#### **CESEL report**

Want to know more about the CESEL programme? Please read our [CESEL report](#).

For more information on the latest CESEL resources or find out more about how CESEL can support your practice, please go to the [CESEL web page](#) or [email the team](#).