

### Community Pharmacy Blood pressure check service

The following pharmacies in Royal Greenwich offer free NHS blood pressure checks. Having your blood pressure checked at a pharmacy is quick and easy and often does not require an appointment. The number of pharmacies providing NHS blood pressure checks is increasing all the time. Ask your pharmacist today if they are providing this service.

Amal Pharmacy	UNIT 3, 166 METCALFE CRT	GREENWICH MILLENNIUM VGE	SE10 0EL	02082939733
ASDA PHARMACY	BUGSBY WAY		SE7 7ST	02083054510
BIACOLL (CHEMISTS)	71 SHERARD ROAD	ELTHAM	SE9 6ER	02088590036
Blackheath Standard Pharmacy	182 WESTCOMBE HILL		SE3 7DH	02088580443
BURRAGE PHARMACY	57 BURRAGE PLACE	PLUMSTEAD	SE18 7BE	02082446969
CENTRAL CHEMISTS	3 BREWERY ROAD		SE18 7PS	02088546713
CHARLTON PHARMACY	229 CHARLTON ROAD		SE7 7ED	02088588753
DICKINSON CHEMIST	130 WESTMOUNT ROAD	ELTHAM	SE9 1UT	02088501350
DUNCANS PHARMACY	193-195 GREENWICH HIGH RD	GREENWICH	SE10 8JA	02088581953
First Care Pharmacy	UNIT 6	THE REACH	SE28 0NY	02031379397
GEEPHARM CHEMISTS	1-3 BLACKHEATH HILL	GREENWICH	SE10 8PB	02084690692
Grove Pharmacy	9 THE VILLAGE		SE7 8UG	02088580907
HERBERT PHARMACY	36-38 HERBERT ROAD	PLUMSTEAD	SE18 3SH	02088543530
HN DICKINSON	192 BEXLEY ROAD	ELTHAM	SE9 2PH	02088501138
JARMAN & DIXON	71-73 MOTTINGHAM ROAD		SE9 4QZ	02088577566
Kidbrooke Pharmacy	134 ROCHESTER WAY	KIDBROOKE	SE3 8AR	02083190115
LLOYDSPHARMACY	22 OLD DOVER ROAD	BLACKHEATH	SE3 7BT	02088580059
LLOYDSPHARMACY	SAINSBURYS SUPERSTORE	1A PHILPOT PATH	SE9 5DL	02088502625
LLOYDSPHARMACY	CHARLTON RIVERSIDE PLACE	7-11 GALLIONS ROAD	SE7 7FA	02089185984
MANGAL PHARMACY	8 GREEN PLACE		SE10 0PE	02088506860

MASTERS CHEMISTS	176 SHOOTERS HILL ROAD		SE3 8RP	02088561104
Neem Tree Pharmacy	110 MCLEOD ROAD	ABBEEY WOOD	SE2 0BS	02083119003
Oasis Pharmacy	UNIT 3	119/121 NATHAN WAY	SE28 0AQ	02032474243
PE LOGAN	209 TRAFALGAR ROAD	GREENWICH	SE10 9EQ	02088581073
Pyramid Pharmacy	66 POWIS STREET		SE18 6LQ	02083171176
Pyramid Pharmacy	52 POWIS STREET		SE18 6LQ	02088543684
ROOPSON PHARMACY	422 WELL HALL ROAD		SE9 6UD	02088563366
ROSE PHARMACY	24 CREEK ROAD	DEPTFORD	SE8 3BN	02084691711
Royal Arsenal Pharmacy	21-23 ARSENAL WAY		SE18 6TE	02083314900
Rye Pharmacy	735 SIDCUP ROAD		SE9 3SA	02088501989
STEVENS PHARMACY	379 FOOTSCRAY ROAD		SE9 2DR	02088501593
TEMPLE PHARMACY	33 LAKEDALE ROAD	PLUMSTEAD	SE18 1PP	02088549902
TEMPLE PHARMACY	6 THE SLADE	PLUMSTEAD	SE18 2NB	02088542168
Tesco Stores Ltd	13 OLD STABLE ROW		SE18 6JR	02087875547
Well Pharmacy	27 COURT YARD	ELTHAM	SE9 5PR	02088596908
Well Pharmacy	2 THE MOUND	MOTTINGHAM	SE9 3AZ	02088570137
WELLS OF WELL HALL	59 WELL HALL ROAD	ELTHAM	SE9 6SZ	02088506860
WESTON PHARMACY	60 HERBERT ROAD		SE18 3SH	02088541064
WHINCHAT PHARMACY	1 WHINCHAT ROAD	BROADWATER GREEN	SE28 0DZ	02083167380
WOOLWICH LATE NIGHT PHARMACY	EQUITABLE HOUSE	10 WOOLWICH NEW ROAD	SE18 6AB	02083167977
WORTH CARE	GALLIONS REACH HEALTH CTR	BENTHAM ROAD	SE28 8BE	02083335007

### **What does a blood pressure check at the pharmacy involve?**

A blood pressure check usually takes around 10-15 minutes in the pharmacy consultation room with the community pharmacist. Following this, you may be invited to take home a blood pressure monitor that measures your blood pressure as you go about your daily life.

Depending on your blood pressure reading, you may be reassured that you have a normal blood pressure or be referred to your GP for appropriate management. The pharmacist will explain any next steps if necessary.