

## Support, development and resources

- The ICB has an [expenses policy](#) which covers out of pocket expense on the production of receipts for travel and carer / childcare costs. It also includes a flat rate of £5 / session to cover additional Wi-Fi for online meetings.
- NHS England training opportunities [NHS England » Learning and support for people who bring their lived experience to a voluntary role](#)
- NHSE peer leadership free online training course <https://www.futurelearn.com/courses/peer-leadership-foundation-step-1/2>
- [How does the NHS in England work and how is it changing? | The King's Fund \(kingsfund.org.uk\)](#)
- South East London engagement toolkit, how to guides and top tips [Engagement toolkit - South East London ICS \(selondonics.org\)](#)
- [EAC closed hub on Let's talk health and care in south east London](#) on-line engagement platform (simple registration required)
  - Join a short term working group to shape the hub

Let us know what development / training you would like?

