

Lewisham Integrated Medicines Optimisation Service (LIMOS): referral criteria

LIMOS is a specialist pharmacy service run by Lewisham and Greenwich NHS Trust that supports people to be as independent as possible with medicines, reduce the risk of hospital admission, and address polypharmacy and waste. The service carries out a holistic medicines assessment in the patient's home and liaises with family, carers and healthcare professionals to help address adherence and other medicines concerns.

To ensure LIMOS can see your higher risk patients within a reasonable timeframe, please note the following when referring:

- The LIMOS service is for patients not able to access their GP practice for a face to face review or visit their community pharmacy.
- Patients should be housebound (or have significant mobility issues) or have dementia or memory issues, making assessment in their own home preferable. Criteria for a domiciliary visit also includes need for assessment for a social care package for medicines support.
- There should be some adherence concern. We cannot accept a home visit for a routine medication review.
- After referral we aim to contact patients within two weeks. We are not an emergency service. However, if your referral is urgent, please provide enough information to enable more urgent referrals to be prioritised.
- Please include up-to-date contact details and an alternative contact where possible to avoid delays in assessment.
- Advise patients (and family) they are being referred for a medicines assessment rather than being given a blister pack. Pharmacy filled blisters do not always meet an individual's need, including where adherence concerns are intentional.
- Progress with referrals can be viewed through EMIS "shared data."
- Please review letters sent directly from LIMOS to GP EMIS promptly where actions required. Working together helps us to support more of your complex, often frail patients at home. A LIMOS pharmacist will be happy to discuss any complex patients at your practice MDT or directly if helpful.

The most up to date LIMOS referral form (2019 version) can be found on your EMIS system, ICB SEL website ([click here](#)), or via DXS.

To contact us to discuss a case or for other queries email: lg.limos@nhs.net or telephone **020 3192 6468** (Monday to Friday 9–5pm).