

Clinical Effectiveness South-East London (CESEL) update

February 2024

“Making the right thing to do the easy thing to do”, for busy GP teams

CESEL is a quality improvement programme designed and delivered by primary care, for primary care. The team includes clinical leads from each of the south-east London (SEL) boroughs.

CESEL guides, educational links and updates, can be found [here](#)

[Email the team](#) to arrange a visit, share any feedback or find out how we can support your practice.

Tailored support for general practice

To help your practice and PCN achieve Hypertension and Diabetes targets, please ensure you arrange a visit from CESEL at the earliest opportunity with your local [CESEL Facilitator](#).

Visits are underpinned by the [CVD Inequalities Scheme](#), which all SE London PCNs have signed up to and provides additional funding and associated support, for practice-based teams.

Support for non-clinical staff

Building the learning from CESEL visits and [a Hypertension webinar](#) delivered in October, CESEL have produced a [resource pack specifically focused on non-clinical staff](#), to empower staff and help practices to maximise capacity in supporting Hypertension management .

Training

Building on the publication of the CESEL [Asthma Guides for Adults](#) and [Children/young people](#), CESEL continue to provide education to practices, via a programme of respiratory PLTs - Lambeth and Lewisham next PLTs (21 February) will include Asthma education from CESEL.

New CESEL Guides

[CESEL Atrial Fibrillation guide](#) is now available. A Depression and Anxiety Guide is due to be published in the spring.

Shaping and improving the CESEL offer

It is crucial that we continue to support local teams effectively, with the issues that matter to staff and their patients, therefore CESEL would be grateful if colleagues could complete [a short survey](#) to help improve and shape the support offer.

For further information on CESEL's resources or to find out more about how CESEL can support your practice, please go to the [CESEL web page](#) or [email the team](#) .