

## Clinical Effectiveness South-East London (CESEL) update

October 2023

“Making the right thing to do the easy thing to do”, for busy GP teams

CESEL is a quality improvement programme designed and delivered by primary care, for primary care. The team includes clinical leads from each of the south-east London (SEL) boroughs.

CESEL guides, educational links and updates, can be found [here](#)

[Email the team](#) to arrange a visit, share any feedback or find out how we can support your practice.

### **Asthma: a new CESEL clinical area**

Developed in partnership with the Respiratory specialists across the ICS, a new [CESEL Asthma Guide](#) provides general practice staff with guidance, to ensure consistent and effective diagnosis and management of Asthma. Staff can also access a recorded summary of the Guide, [here](#).

CESEL are supporting a series of place-based respiratory events across SE London, whilst a CESEL Asthma webinar will be provided later in the year (details will be published via the GP bulletin).

### **Chronic Kidney Disease (CKD)**

A [‘talking head’](#), to help general practice teams to diagnosis CKD and navigate the [CESEL CKD Guide](#) is available.

Building on CESEL’s support offer covering **Type 2 Diabetes (T2DM)** and **Hypertension**, CKD can also be included in our tailored support offer to PCNs and Practices.

### **Support for primary care support staff**

CESEL have developed support and resources to help practices to maximise capacity in supporting management for T2DM and Hypertension, specifically focused on non-GP staff and their pivotal roles in supporting long-term condition management. This includes [a Hypertension webinar](#) on 10<sup>th</sup> October. Please [email the team](#) to find out more about our bespoke offer to support staff.

### **Upcoming CESEL clinical areas**

CESEL Guides and support, for **Depression and Anxiety** and **Atrial Fibrillation**, are in development. The team will continue to prioritise local delivery of CESEL support, in consultation with primary care teams via CESEL ‘visits’, education events and/or PCN forums.

For more information on the latest resources or find out more about how CESEL can support your practice, please go to the [CESEL web page](#) or [email the team](#) .