

Collaborating organisations: SEL ICS, Five Elms Primary Care Network (Bromley), Tanglewood Care Home (Bromley)

+ Introduction

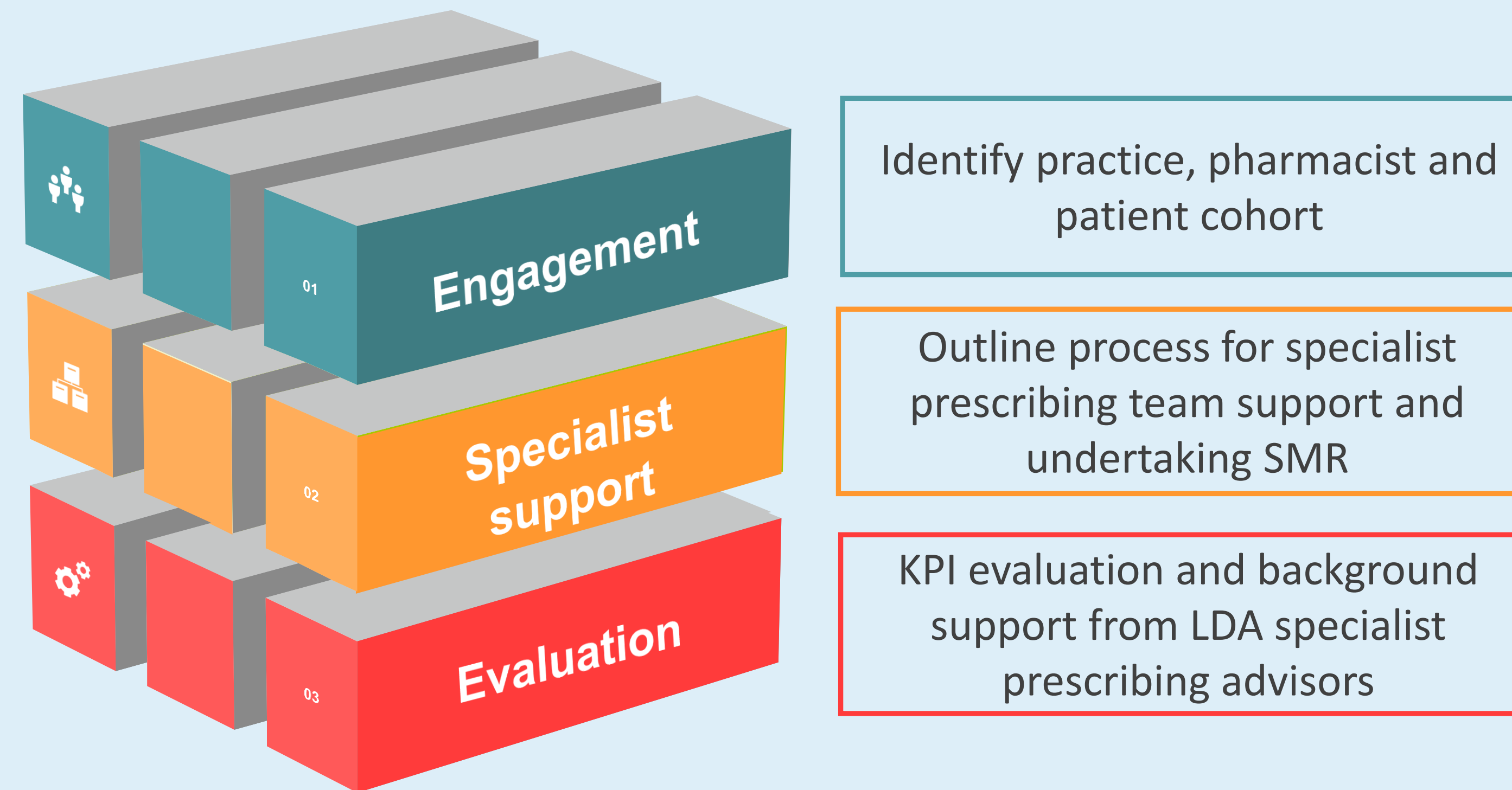
Challenge

Aim

- Not routinely and consistently identifying and prioritising LDA patients who will benefit from SMR and STOMP review
- Patient complexity and more than one long term condition
- Reluctance to challenge senior or specialist colleagues
- Lack of confidence

- Increase SMR uptake in LDA
- Tests the use of specialist input to support practice and PCN pharmacists to reduce overprescribing in LDA
- MDT approach
- Improve healthcare access

+ Implementation



+ Outcome

6

Patients reviewed

5

Onwards referral due to unmet clinical needs identified

77

Medication reviewed

16

Medication changes (dose optimised/stopped/started/ preparation changed) (21%)

9

Additional investigations such as blood test, DEXA, prolactin, blood pressure before some other medications changes can be implemented

+ Evaluation

- All residents are under psychiatric and epilepsy teams and benefit from regular 3-6 months review from **consultants, PEG nurse and dentists.**
- The home **does not run agency staff** hence behaviour that challenge not an issue.
- Annual health checks** are being offered consistently by the practice

Challenges

- Non-verbal and complex patients who are not able to express physical health concerns or even pain
- Potential placement breakdown if any of the above points are not being offered

Learning

- Communication skills - how to **influence** and how to **promote shared decision making** with carer and patient

+ Future Plans

- Continue to provide background support for practice and PCN pharmacists to improve quality of SMRs delivered in LDA
- Joint working , pre and post review discussion and evaluation on teams depending on needs
- Engagement with other pharmacists who are interested in learning more about SMRs in LDA
- Education and training sessions to increase LDA awareness to enable and upskill primary care workforce
- Holistic care and MDT review where possible
- LSL pharmacists' engagement

+ Result

- CQC registered Care Home
- Specialist prescribing advisor, PCN pharmacist , carers and home manager
- 5 residents **non-verbal**, 1 able to speak 1-2 words all with confirmed LD diagnosis, all residents in wheelchairs and 5 on PEG
- Direct support from the GP for follow ups and actions implementation

Resident	Number of medications reviewed	Medication changes				onward referrals due to unmet clinical needs	Blood test/additional monitoring or investigation required E.g. DEXA, Prolactin, BP
		Dose reduced / increased	Stopped	Started	Preparation/ form change		
1	14				1	3	1
2	11	1	2		1		1
3	6					2	1
4	17	3	1	2	1		2
5	15	1	1				2
6	14	1	1				2
Total	77	6	5	2	3	5	9

We are collaborative • We are caring • We are inclusive • We are innovative

