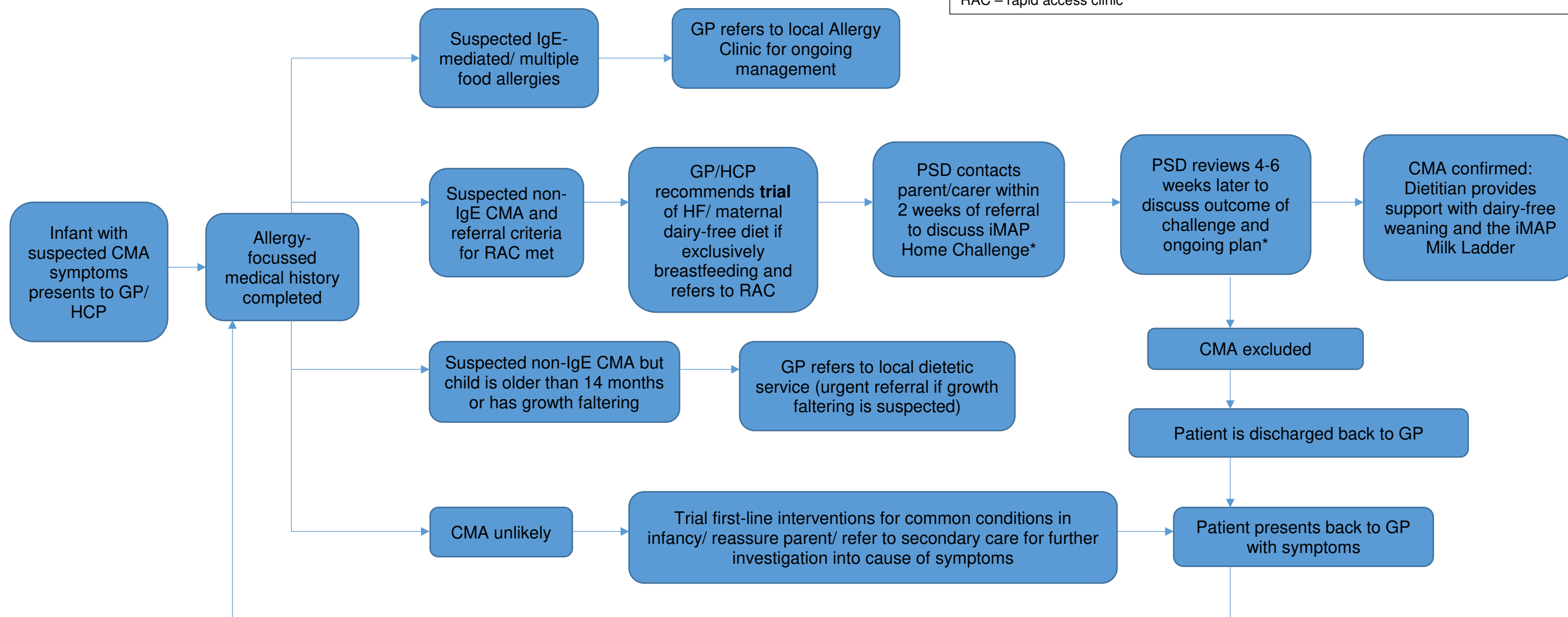


## Pathway for Telephone Non IgE-mediated Cow's Milk Allergy Rapid Access Clinic

**Abbreviations:**  
 HF – hypoallergenic formula (includes extensively hydrolysed formula and amino acid formula)  
 CMA – cow's milk allergy  
 GP – general practitioner  
 HCP – healthcare practitioner e.g. dietitian, paediatrician, health visitor  
 RAC – rapid access clinic



\*If diagnosis cannot be confirmed/excluded due to non-attendance, the patient will be discharged back to the GP. The GP should re-refer to RAC should patient still require prescription for HF or support for CMA.

### Referral criteria for Southeast London (SEL) Telephone Non IgE-mediated CMA RAC

1. Patient is registered with a GP in South East London.
2. Allergy-focused medical history completed and CMA still suspected.
3. Non IgE-mediated CMA. Please refer patients with IgE-mediated CMA (immediate symptom onset – minutes to 2 hours e.g. hives) to the local allergy service.
4. Not multiple food allergies (excluding dairy with/without soya). Please refer patients with suspected multiple food allergies to the local allergy service.
5. No evidence of unresolved faltering growth. Please refer patients with growth faltering to the local dietetic service for an urgent appointment.
6. Under 14 months of age. Please refer children older than 14 months to the local dietetic service.

Approval date: May 2022 – Amendments July 2023

Review date: May 2024 (or sooner if evidence or practice changes)

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