# SEL Interim Prescribing Guidance for children aged 0 to 17 years for Group A Streptococcus (GAS) Infection



- There are high levels of demand for oral antibiotics (especially liquids) due to concerns over Group A Streptococcus (GAS) and other respiratory infections.
- Whilst on a national level sufficient stock exists for the NHS, some pharmacies are having temporary difficulties obtaining certain antibiotics.
- It is good clinical practice to annotate the indication on a prescription clearly.
- This guidance is based on the national clinical guidance published on 09/12/2022 available from <u>UK Health Security Agency report</u> and <u>Group A streptococcus communications to clinicians</u> but provides clarification on duration and choice of treatment based on local epidemiological data and expert consensus.

### For patients with suspected scarlet fever – prescribe antibiotics for 7 days but clinically defaulting to 10 day course when high suspicion of GAS

Phenoxymethylpenicillin	1st line option	Alt option if	Notes
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Child 1 -11 months	Use liquid⁺	125mg (half a tablet) BD	*Tablets can be dispersed in 5-10ml of water or crushed & mixed with a small amount of soft food
Child 1-5 years	Tablets 250mg BD	Amoxicillin	(e.g. jam, apple sauce, yoghurt).
Child 6-11 years	Tablets 500mg BD	Amoxicillin	
Child 12 years & over	Tablets 1g BD	Amoxicillin	

#### For patients with sore throat – prescribe antibiotic for 5 days

Phenoxymethylpenicillin	1st line option	Alt option if	Notes
		shortage	
Child 1 -11 months	Use liquid <sup>+</sup>	125mg (half a	*Tablets can be dispersed in 5-10ml of water or
		tablet) BD	crushed & mixed with a small amount of soft food
Child 1-5 years	Tablets 250mg BD	Amoxicillin	(e.g. jam, apple sauce, yoghurt).
Child 6-11 years	Tablets 500mg BD	Amoxicillin	
Child 12 years & over	Tablets 1g BD	Amoxicillin	

### For patients with LRTI symptoms – prescribe antibiotic for 7-10 days

Amoxicillin	1 <sup>st</sup> line option	Alt option if shortage	Notes
Child 1 -11 months	Use liquid <sup>+</sup>	Co-amoxiclav	*The capsules can be opened and the contents
Child 1-4 years	Capsules 250mg TDS	Co-amoxiclav	tipped out and mixed with liquid or soft food.
Child 5 years & over	Capsules 500mg TDS	Co-amoxiclav	

#### For patients with suspected GAS skin infection – prescribed antibiotic for 7 days

Co-amoxiclav	1 <sup>st</sup> line option
Child 1 -11 months	Use liquid⁺
Child 1-5 years	Use liquid⁺
Child 6-11 years	Use liquid or tablets+ if can swallow
Child 12 years & over	Tablets 375-750 mg TDS

## For patients with penicillin allergy – prescribe antibiotic for 5 days Parents/carers with penicillin allergy should avoid involvement in preparing and administering penicillin therefore alternative antibiotics can be prescribed as below.

Clarithromycin	1 <sup>st</sup> line option	Alt option if shortage	Notes
1 month – 11 years up to 11kg	Use liquid⁺	Azithromycin	Tablets can be dispersed in 5-
1 month – 11 years 12-19kg	125mg (half a tablet) BD	Azithromycin	10ml of water or crushed &
1 month – 11 years 20-29kg	Use liquid+	Azithromycin	mixed with a small amount of
1 month - 11 years 30-40kg	Tablets 250mg BD	Azithromycin	soft food (e.g. jam, apple sauce,
Child 12 years & over	Tablets 250-500mg BD	Azithromycin	yoghurt).

#### **Notes**

\*Refer to SEL Paediatric formulary Clinibee or BNF for Children for weight-related dosing information.

\*Children should be encouraged to swallow oral solid dose forms (tablets and capsules) where possible: <u>Medicines for Children</u> has a useful patient information leaflet on how to give tablets or capsules

Phenoxymethylpenicillin dosage can be prescribed as a twice-daily dose rather than four-times-daily dose to aid adherence (ensure the same total daily dose). This is unlicensed.

**Approval date**: 15/12/2022 **Review date**: 15/02/2023 (or sooner when national guidance is available)