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Neighbourhood update – September 2025

Building stronger, healthier communities together

This month we are introducing a new regular feature: updates from the SEL Neighbourhood Based Care Board (NBCB) on our work to develop a neighbourhood health service.

The NBCB oversees the transformation towards a neighbourhood-based model of care, making services more proactive, joined-up, and responsive to the needs of local communities. Each month, we'll share highlights from the Board's discussions, along with key developments you can expect to see across our system.

At the September meeting, we saw clear signs of progress across boroughs, programmes, and enablers – reflecting our shared commitment to integrated, sustainable health and care.

What's coming up:

- Expansion of integrated neighbourhood teams (INTs) across boroughs
- Launch of a new support package for general practice
- Publication of a strategic roadmap aligned with the NHS 10-Year Health Plan
- Rollout of Population Health Management (PHM) tools

Look out for this section in future editions as we continue to share updates on how neighbourhood-based care is taking shape across south east London.

Integrated neighbourhood teams

We are transforming how care is delivered, bringing services closer to communities through integrated neighbourhood teams (INTs). These teams focus on:

- People with multiple long-term conditions
- Older adults and those living with frailty
- Children and young people

Each borough is tailoring its approach, with several INTs already live. Teams are co-designed with residents and frontline staff, supported by digital tools and shared care planning systems.

Planning ahead: A roadmap for change

To meet the ambitions of the NHS 10-Year Health Plan, we are developing:

- A Neighbourhood Health Roadmap which sets out the steps we will take to build and improve neighbourhood-based care over time. It will help us stay organised and focused by setting out where and how we will transform care first and what will follow later, and co-ordinating support areas. These are the things that help services run smoothly such as workforce, estates and having the right technology and systems to support joined up care.

This will help all our stakeholders understand where, when and how they can contribute to neighbourhood care.

Population Health Management

Population Health Management (PHM) is becoming a core part of how we plan and deliver care and is essential in supporting effective neighbourhood working. It uses robust demographic, public health and other data to identify and respond to the specific needs of all ages within a locality so that interventions can be put in place based on those needs.

A shared PHM approach is being developed to:

- Give clinicians and teams real-time access to data
 - Help integrators and neighbourhood teams plan services
 - Support the ICB to strategically commission care
 - Enable system-wide learning and evaluation
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Supporting General Practice

To help respond to the increasing pressure in primary care services and recognising the foundational role of general practice in neighbourhoods, we are providing a tiered support package for general practices. This will include:

- Universal support for business operations, digital tools, and data use
- Shared programmes for workforce development and neighbourhood collaboration
- Tailored help for practices with specific challenges, including CQC ratings and estates

This offer has been co-designed with GPs, nurses, and practice managers to ensure it's practical, fair, and easy to access. Over time we will review the support provided to other primary care providers (e.g. pharmacy).

For more information on neighbourhood working in south east London, visit
www.selondonics.org.uk/neighbourhoods